

November 2011

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|--|---------------------------------|---|
| | | 1 Chicken with Vegetables in Yellow Curry | 2 Sitka Baked Halibut with Peas and Cous cous | 3 Sweet Potato & Sausage Soup | 4 PIZZA | 5 Sloppy Joe's |
| 6 Leftovers | 7 Spaghetti a la Philly | 8 Turkey Loaf , New Potatoes and Green Salad | 9 Pesto Shrimp with Feta and Brown Rice | 10 Personal Plates of NACHOS | 11 PIZZA | 12 Split Pea Soup and Spinach & Carrot Salad |
| 13 Emergency meal) Fish Nuggets , Couscous , and Green peas | 14 Raisin-Rice-Feta-Salad and chicken breasts | 15 Grilled Burgers Baked Beans | 16 Sitka Baked Halibut with Mandarin Orange Spinach Salad | 17 Texas Caviar | 18 PIZZA | 19 Eating out: Las Margaritas |
| 20 Cioppino and Garlic Sour Dough | 21 Chinese Chicken Cabbage Salad | 22 Tuna Casserole | 23 Maple Pecan Crusted Salmon | 24 Roasted Turkey, Stuffing , Mashed Potatoes, Gravy , Yams , Special Cranberries | 25 Leftovers | 26 Turkey Soup |
| 27 Clam Sauce over Linguine | 28 Slow Cooker Beef Stroganoff | 29 Simple Seafood Medley | 30 Spanish Chickpea Stew | | | |